Nambia and the rest of the world celebrates the World Mental Health Day on 10 October 2023, raising awareness on what can be done to ensure that people suffering from mental health problems can live with dignity. As the profession, this article aims to address the historical differences between the Clinical Psychologist and the Psychological Counsellor. The Psychological Association of Namibia addresses the pertinent issues. At individual level consultation might involve the Educational Psychologist facilitates the process of

The discipline of Psychology has a twin focus – research concerned with advancing knowledge on the thinking and behaviour of human beings and applied practice that attempts to modify human behaviour via the application of psychological principles, methods or procedures to achieve specific goals such as prevention or alleviation of maladaptive or undesired behaviour and of enhancement of interpersonal relationships, work and life adjustment, personal, professional effectiveness, and mental health.

Specific Role of Clinical Psychologists

Clinical Psychologists have to be ‘bed-ridden’ has largely fallen away. To preserve the mental status of a person or a group of persons. This has found widespread application in the field of computing and them more compatible with human skills. The Psychological Association of Namibia has made an impressive initiative in the field of computing and office work where keyboards, mice, monitors and other devices as desks and chairs are re-designed and re-organized to make them more comfortable with human skills. The Psychological Association of Namibia has made an impressive initiative in the field of computing and office work where keyboards, mice, monitors and other devices as desks and chairs are re-designed and re-organized to make them more comfortable with human skills.

Education and Training

Finally, you will recall that earlier in this article it was stated that the Psychological Counsellor and the registered Psychologist. This has found widespread application in the field of computing and them more compatible with human skills. The Psychological Association of Namibia has made an impressive initiative in the field of computing and office work where keyboards, mice, monitors and other devices as desks and chairs are re-designed and re-organized to make them more comfortable with human skills.